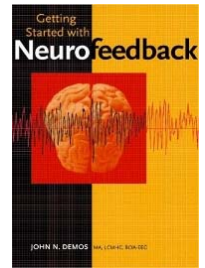
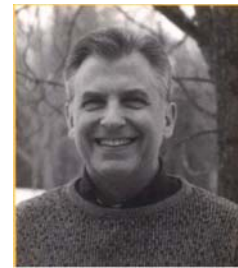




stress therapy  
SOLUTIONS



presents

## GETTING STARTED WITH NEUROFEEDBACK

Accredited Neurofeedback training: The first step to certification by  
The Biofeedback Certification Institute of America (BCIA)

Five day course includes one complimentary day. Total cost \$895.00.

### COURSE PURPOSE (Workshop summary)

John N Demos, author of *Getting Started with Neurofeedback*, is the presenter. His 4-day BCIA (EEG) accredited workshop is the first step in the certification process. It has been designed to meet the 36-hours of required learning outlined by BCIA. You will learn the basics of assessment, treatment planning, and training. Attendees will be given an understanding of the electrical activity of the brain and how it influences cognition and behavior. Your learning experience will include video presentations, illustrations as well as hands-on experience. Participants will be introduced to two different types of neurofeedback systems. **The participant will learn to:**

- Record and tabulate the EEG from various International 10-20 locations
- Identify the normal EEG by interpreting 2-dimensional graphics.
- Identify EEG signatures or brain wave patterns that reflect various disorders.
- Discuss indications and contraindications for therapy.
- Locate artifacts in the EEG that are caused by scalp muscles and eye movements; Reduce artifacts in the EEG recording.
- Discuss the application of EEG-biofeedback to various disorders such as ADHD, Depression, Anxiety and mild traumatic brain injury.
- Organize and write training plans that relate to those same disorders.

### AGENDA (Complete Workshop Schedule) (5 days) (Complimentary Lunches Included)

**Wednesday** - Tom Collura – Complimentary Pre-Req – Technical foundations of Neurofeedback. See below.

#### Professional Neurofeedback Certificate Program- 4 Days

**Thursday** - Definition, principles, concepts and rationale for biofeedback 8:00-6:00 12:00-1:00 Lunch

**Friday** - Neurofeedback instrumentation demonstration and terminology: 8:00-6:00 12:00- 1:00 Lunch

**Saturday** - Effective interviewing and Treatment Planning: 8:00- 6:00 Consultation phase and contraindications to neurotherapy 12:00- 1:00 Lunch

**Sunday** - Executing treatment plans and professional development 8:00- 6:00 Training standards for specific clinical conditions 12:00-1:00 Lunch

Each day has 9 hours of hands on training and instruction.

#### **Pre-Requisite: Wednesday- Technical Foundations of Neurofeedback with Thomas Collura, Ph.D., P.E.**

This portion of the workshop will describe the technical foundations of the practice of neurofeedback, including the neurophysiological, electronic, and computer aspects. Principles to be covered include technical characteristics, filtering, use of sound, and feedback algorithms. Each participant will have the opportunity to articulate the technical foundations of EEG neurofeedback, including neurophysiology, electronics, signal processing, and user-interfacing, and to understand specifications such as bandwidth, accuracy, and response time, in scientific and engineering terms.

#### **Payment policy:**

Five day course includes one complimentary day. Total cost \$1095.00. MC/Visa or Discover only.

**Cancellation policy:** Full refund 45 days or more prior to workshop date. Exchange for a (identical) future workshop 30 days prior to workshop. No refund or exchange when less than 30 days.

### Credit Hours Available:

**34.0 APA CEs and 36 BCIA didactic credit hours available – must attend full course. Social Worker credit hours pending.**

This course is co-sponsored by Amedco and John Demos. Amedco is approved by the APA and maintains responsibility for the four day portion of this program. 34.0 hours.

### Sign Up with: Stress Therapy Solutions Inc.

3401 Enterprise Parkway Suite #340  
Beachwood, OH 44122

E Mail [stsinc@pantek.com](mailto:stsinc@pantek.com)

Phone: 800-447-8052 Fax: 440-439-3015

**WHERE: Quality Inn & Suites, 4742 Brecksville Road,  
Richfield, Ohio 44286**

**Call (330) 659-6151 - 2 wks in Advance for \$72 Discounted Rate  
Complimentary Breakfast Voucher Included in Room Rate**

### FACULTY:

#### **John N. Demos, MA, LCMHC, BCIA-EEG**

John N Demos is the author of *Getting Started with Neurofeedback*. He is licensed by the state of Vermont as a clinical mental health counselor, certified by BCIA as an EEG-biofeedback provider and accredited by BCIA as an EEG didactic trainer. As the director of a small clinical practice, he has a wide range of experience training children and adults with various neurofeedback protocols.

**Thomas Collura, Ph.D., P.E.** Pre-Requisite Complimentary date Thomas F. Collura has over 30 years experience as a biomedical engineer, neurophysiologist, and educator. Since 1995, he has been founder and president of BrainMaster Technologies, Inc. He has published over 100 peer-reviewed journal articles, book chapters, abstracts, and papers. He is a past board member of the International Society for Neuronal Regulation, and is president-elect of the Neurofeedback Division of the Association for Applied Psychophysiology and Biofeedback Past Board of ISNR, President of Neurofeedback Division of AAPB 2005/2006.



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Or call 1-800-447-8052 or 216-766-5707 today.